

McDonald's® Egypt nutritional values

Desserts

	Average Weight	Energy	Protein	Total Fat	Saturated Fatty Acids	Trans Fatty Acids	Cholesterol	Total Carbohydrate	Dietary Fiber	Sugars	Sodium	Total Vitamin A	Vitamin C	Calcium	Iron	Potassium
Desserts	in gms	KCAL	in gms	in gms	in gms	in gms	in mgms	in gms	in gms	in gms	in mgms	(IU)	in mgms	in mgms	in mgms	in mgms
Apple Pie	81.00	246.84	1.86	13.93	2.84	0.00	NA	29.08	1.13	10.85	174.15	0.00	12.15	21.87	0.36	44.55
Strawberry Sundae	168.00	240.02	5.49	4.90	2.94	0.06	22.40	41.47	1.76	39.12	86.80	191.80	1.71	193.76	0.28	294.28
Chocolate Fudge Sundae	168.00	276.95	6.66	7.62	3.98	0.08	26.32	43.51	1.54	44.97	111.72	248.64	1.40	226.80	0.40	305.20
Caramel Sundae	168.00	282.20	5.94	6.08	3.72	0.11	27.44	48.89	1.40	36.76	147.56	240.08	1.68	212.24	0.23	275.80
Cone	89.00	129.86	3.72	3.00	1.87	0.03	13.45	20.89	0.84	16.15	54.82	115.08	0.84	115.30	0.27	149.90
Oreo McFlurry®	202.00	331.24	7.916	10.07	5.522	0.0728	29.12	49.4	2.12	42.262	361.02	249.34	1.82	250.8	0.81666	377.4